

ROUTE OF 100 KM. RELIABILITY TRIAL

From Oulton Community Centre proceed southwards along Gorleston Rd, Oulton Broad (straight ahead at the three mini-roundabouts). At roundabout at junction with Bridge Road turn right and follow signs for Beccles and Ipswich – straight ahead at all roundabouts. At traffic lights by Flying Dutchman public house take left fork signed Ipswich (Cotmer Rd). Turn right at first roundabout (3rd exit) and follow signed cycle route into Carlton Colville. At junction with B1384 go straight ahead to church where turn left onto minor road. At junction by school, fork right onto minor road signed “Mutford, Hulver”. Follow road through Mutford to junction with B1127, turn left past Hulver village sign and first right onto minor road signed, “Willingham, Sotterley, Stoven.” Follow road to Stoven. At t-junction opposite church, turn left (signed “Wangford, Southwold”) past The Cherry Tree PH and take first right, signed, “Uggeshall, Saxmundham.” Follow through Uggeshall village to junction with A145. Turn right and almost immediately left onto minor road signed, “Westhall.” Follow to junction with B1124, turn left and follow to Holton. At junction with B1123, fork right and follow to Halesworth. At mini-roundabout turn left onto town by-pass (toilets on left in recreation ground). Follow the bypass (straight ahead, 1st exit at first roundabout) to second roundabout, turn left and continue straight ahead (NOT left at A144) to follow B1117 through Walpole, Heveningham and Ubbeston to Laxfield. At Laxfield continue through village along B1117 to junction with B1116. Turn right continuing along B1117 for short distance to turn right re-joining B1116 to follow through Fressingfield to Harleston. At junction with ‘old’ A143 in Harleston turn right and follow road through town centre and Wortwell (straight ahead, 2nd exit at roundabout) to junction with B1062. Turn right and follow through Flixton to turn left onto B1385 into Bungay town-centre (toilets on left and opposite Buttermarket Café). At roundabout, straight ahead (2nd exit) to roundabout with junction of A143 at Ditchingham. Turn right (3rd exit) and follow A143 to roundabout at junction with A146 at Stockton. Turn right following A146 to Gillingham roundabout (**SINGLE FILE ON SHORT STRETCH OF A146**), turn left (1st exit) re-joining A143 (signed, “Gt Yarmouth”) to follow through Toft Monks and Haddiscoe to St Olaves. Turn right onto B1074 (signed, “Somerleyton, Lowestoft”) and follow through Somerleyton to mini-roundabout at junction with Gorleston Rd at Oulton. Turn left to finish opposite Oulton Community Centre a few yards further north.